

## Registration Form

**Name:**

**Position:**

**Work Address:**

**P: Mob:**

**Email:**

**Dietary Requirements:**

**Email this completed Registration Form to  
jane@edresources.co.nz**

### Three Day Training

**\$1,000.00 + \$150GST = \$1,150.00**

### Manual

**\$57.50 NZ [incl. GST]**

**TOTAL FEES: 1,207.50NZ**

### Payment:

Internet Banking Preferred

Internet Banking Account: 38-9005-0654004-00

Account: Incredible Families

Specify Transaction: WWW Intro, Name and/or Organisation

### Mail and Cheques to:

J Dunbier—General Administration

Incredible Families

PO Box 19259, Courtenay Place, Wellington 6149

**Incredible Families Charitable Trust GST Number**

93 693 523

**Payment by invoice:** An invoice will only be issued on receipt of an official, authorized Purchase Order.

### Final Registration

The course is limited to 22 participants and your application will be accepted on receipt of course fees. General enquiries to Jane Dunbier: [jane@edresources.co.nz](mailto:jane@edresources.co.nz)  
Training enquiries to Denise Guy: [d.guy125@gmail.com](mailto:d.guy125@gmail.com)

### Cancellation Policy

An administration fee of \$50 NZ will be charged for all cancellations. For a refund, notice of cancellation must be received in writing on or before the 19th February 2020. We regret that a refund cannot be offered after the cancellation deadline. In the event that there are insufficient numbers confirmed by 31st January Incredible Families will either, run a shorter course for fewer participants or defer the course to a later date. If the latter a full refund of fees will be made.

### Times and Location

The Training will take place at CQ Conference Centre 213-223 Cuba Street Wellington. The course is fully catered. The days will begin at 9.00am and end at 5pm. A map with directions will be mailed with your confirmation letter before the training begins

### Accommodation:

You may like to book at CQ Hotel

<http://www.cqwellington.com>

[reservations@cqwellington.com](mailto:reservations@cqwellington.com)

[www.wellingtonnz.com](http://www.wellingtonnz.com)

Watch, Wait and Wonder® Intervention Training in Australasia is provided by Incredible Families. This Charitable Trust also provides Incredible Years parenting programmes, Incredible Years Autism programme and Fostering Changes programme for caregivers.

Dr Denise Guy is a Trustee of the organisation

[www.incrediblefamilies.org.nz](http://www.incrediblefamilies.org.nz)



## INTRODUCTORY TRAINING

## “WATCH, WAIT, AND WON- DER® - INTERVENTION”

**A Dyadic Infant-led  
Approach to Problems in  
Infancy and Early  
Childhood**

**2nd-4th March 2020**

**with**

**Dr Denise Guy &  
Ms Seonaigh Stevens**

[www.watchwaitwonderdownunder.com](http://www.watchwaitwonderdownunder.com)

## **“WATCH, WAIT, AND WONDER”® INTERVENTION**

This Intervention directly involves the infant in therapy. For half the session the parent is asked to get down on the floor with his/her infant, to observe the activities that their infant introduces, and to interact only when the infant indicates they want the parent to interact. During the second half of the session the parent is asked to talk about what they have observed about their infant's activity and then their infant and their own experiences during the session.

The primary idea is to place the parent in the position of becoming more knowing about their infant, eliciting their own unique way of relating and developing self reliance and confidence in their capacity to resolve difficulties in the relationship with their infant. The infant, too, can use play and activity to master difficulties in relation to the parent. Although some parents talk about their early relationships with their own parents, this is not necessary for the therapy to be effective.

Adapted from the research summary March, 1999; Watch, Wait, and Wonder - Testing the Effectiveness of a New Approach to Mother-Infant Intervention

This empirically tested approach is now applied to a range of infants and young children with relational, behavioural, regulatory and developmental difficulties.

It is recommended for clinicians who are working with infants, pre-schoolers and their families and who preferably [but not necessarily] have psychotherapy experience.

### **ACKNOWLEDGEMENTS**

Pilot Study WWW Intervention: Muir E., Stupples A. and Guy D. [1986-1988] Presented WAIMH Congress, Lugano 1990

Evaluations comparing WWW Intervention and Psychodynamic Parent-Infant Psychotherapy: Before, After and at 6 Months Cohen N., Lojkasek M., Muir E., Muir R. and Parker C.J. [1999 and 2002]

Manual describing the WWW Intervention: Muir E., Lojkasek M. and Cohen N. [1999]

### **GOALS OF THE TRAINING**

- To provide participants with a basic theoretical and technical foundation in the Watch, Wait, and Wonder® Intervention.
- Discuss how to create the therapeutic space for the WWW Intervention
- To view film of WWW Intervention case work and with the training group be introduced to the process of observing, reflecting on the dyad's experience and their own experience.
- Discuss how to explore the particular difficulties in the process of following the infant/child and dyad's lead.
- To address supervision needs for those participants who wish to incorporate the WWW Intervention into their practice fulfilling the recommended standards for independent practice [Lojkasek, Cohen and Muir; 1999]

Participants will be asked to do some filming prior to the course. Participants will need to purchase a Manual to support the training. Regular access to the Manual is required.



**Dr Denise Guy** is a Child and Adolescent Psychiatrist with specialty expertise in Infant Mental Health. She was involved with the Pilot Study of WWW Intervention [1986-7] and has continued clinical use of the intervention since then. She is currently supervising its use in New Zealand and Australia and coordinates training in Australasia.

**Seonaigh Stevens** is a Child Psychotherapist She has worked in Infant and Child Mental Health for many years. She is currently employed as a Child and Adolescent Psychotherapist at Te Whare Marie, the Specialist Maori Mental Health Regional CAMHS for Capital and Coast District Health Board, Wellington. Her clinical work includes using the WWW-Intervention with infants and older children and their families.

INCREDIBLE FAMILIES  
[www.incrediblefamilies.org.nz](http://www.incrediblefamilies.org.nz)

WATCH, WAIT AND WONDER INTERVENTION  
TRAINING

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